

## Media Release

### Sex ... with men? And married?

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## Sex ... with men ... and married?

An informal therapy group for married men who have sex with men will start soon at Gay Men's Health.

"There are many men who have sex with men who do not identify as gay or bisexual," said Gay Men's Health Manager Gary Spence.

"This group aims to provide a space for those married men who have sex with men or who are sexually attracted to men but don't see themselves as gay or bisexual."

The group will be facilitated by Gay Men's Health counsellor Terry Evans.

"Gay and bisexual are labels that married men who have sex with men are often not comfortable with," said Terry.

"And there's a need for these men to meet, share their stories, and gain a better understanding of their desires without necessarily coming out as gay or bisexual, although many men may decide that's what they want to do."

Western societies have become socially structured according to the heterosexual/homosexual model of sexuality. Bisexuality provides a way of understanding sexuality that is neither exclusively gay nor exclusively straight but many bisexuals, particularly men, feel isolated within both gay and straight communities. Married men who are sexually attracted to men or are having sex with men struggle to understand their lives and work out ways of negotiating their preference for marriage and family and their sexual attraction to men. This therapy group will provide a safe space to talk about that struggle and to explore options for the future.

The first meeting of the group will be held Wednesday 25th July, 7.00 to 9.00pm at Darling House, 64 Fullarton Road, Norwood.

The group will meet monthly, on the last Wednesday evening of each month.

For more information, contact the Man2Man InfoLine on 8334 1617.

Country callers should call 1800 671 582.