A SHORT QUIZ...

Can you get HIV from?

	YES	NO
Using someone's pens?	☐	☐
Giving blood?	☐	☐
Getting a needle from the Doctor?	☐	☐
Kissing?	☐	☐
Sharing needles?	☐	☐
From a toilet seat?	☐	☐
From a swimming pool?	☐	☐
Getting a tattoo?	☐	☐
Sharing plates and cups?	☐	☐
Coughing?	☐	☐
Insect bites?	☐	☐
Working together?	☐	☐
An HIV positive mother's breast milk?	☐	☐

Bonus points

The quiz questions to the left are about Australia. In other parts of the world some of these things aren't as safe - can you list 3 of these un-safe things for bonus points?

1. _____

2. _____

3. _____

QUIZ ANSWERS: No, No, No, No, Yes, No, No, No, No, No, No, Yes

BONUS POINTS: Giving blood, Getting a needle from the Doctor, Getting a tattoo

HIV/AIDS resources:

Books for Children:

Davis, Deborah. My Brother has AIDS, Atheneum, New York, 1994

Huser, Glen. Touch of the Clown, Groundwood Books, Toronto, 1999

Grattan, Valerie. Bad News Boy, Windhoek, Gamsberg, Macmillan, 1993

Kerr, M.E. Night Kites, Harper and Row, London, 1996

Picture books for Young Children:

Nott, Phil (illustrated by Sally Heinrich). Uncle Paul has AIDS. Little Gem Publications, Nightcliff, Northern Territory, 1994

Schulman, Arlene. Carmine's Story: A book about a boy living with AIDS, Minneapolis, Lerner Publications Company, 1977

For Teachers (websites for further information):

www.acsa.org.au

www.afao.org.au

www.thebody.com

This Activity Sheet was originally produced by QuAC in 1993. It has been updated and reproduced by The AIDS Council of SA Inc.

HIV/AIDS - School ACTIVITY Sheet

activities for GENERAL STUDIES

- Allocate some class time for a special lesson about HIV/AIDS.
- Invite a health care worker to talk about HIV/AIDS.
- Use the topic of discrimination as a writing assignment.
- Ask students to do a book review on a book about HIV/AIDS.
- Show a video on the topic and have a discussion afterwards.
- Organise an email friendship with a school in a country where HIV/AIDS is a major problem and try to help them.
- Have a classroom debate.

basic facts ABOUT HIV

HIV stands for Human Immunodeficiency Virus.

HIV is a type of virus called a retrovirus.

AIDS stands for Acquired Immune Deficiency Syndrome. A syndrome is not a specific disease, but a set of signs and symptoms that occur together as a result of a specific cause. With AIDS, the cause is HIV.

AIDS was first diagnosed in 1981. In Australia over 26,000 people have been diagnosed with HIV infection. Over 10,000 have been diagnosed with AIDS and over 6,700 people have died from AIDS related illnesses.

HIV is primarily transmitted by unprotected sexual contact, sharing of drug injecting equipment, and by breastfeeding.

For more information, see www.acsa.org.au

ACSA produced by The AIDS Council of South Australia Inc.

about the RED RIBBON

The Red Ribbon is an international symbol of AIDS awareness that is worn to demonstrate care and concern about HIV and AIDS. It also reminds other people that HIV/AIDS is still an important health concern and it still exists.

There is no one style of ribbon. Some people make their own, some buy them at specialty stores, others put the design on coffee mugs, earrings, key rings, etc. The aim is to use it to make people more aware.

Think about what sort of red ribbons your class could make and how they could decorate them to take home to their families.

the AIDS Memorial Quilt

The Quilt is a memorial, a tool for education and a work of art. It began in 1987, and now more than 44,000 individual memorial panels make up the Quilt.

Each panel has been lovingly sewn or created by friends, partners and family of the people who died.

The Australian Quilt continues to grow. Most major cities have some panels on display at the Annual Candlelight Memorial. Some ceremonies include presentation of a new panel to add to the Quilt.

It is estimated that there are currently 33 million people living with HIV, 2 million of whom are children.

Many people with HIV/AIDS are discriminated against.

Some are prevented from getting jobs or renting a house.

Discrimination can cause isolation and stop people from seeking help or taking treatments.

If we can all understand more about HIV/AIDS it will lesson this discrimination and prejudice.

Everyone can increase their knowledge. Supporting World AIDS Day aims in your school and classroom can help.

- WORLD AIDS DAY - 1 DECEMBER - WORLD AIDS DAY - 1 DECEMBER - WORLD AIDS DAY - 1 DECEMBER - WORLD AIDS DAY - 1 DECEMBER - WORLD AIDS DAY - 1 DECEMBER - WORLD AIDS DAY - 1 DECEMBER -

MUSIC and DRAMA students

- Have your school choir sing at the local Candlelight Memorial for people who have died from HIV/AIDS.
- Act out a play about HIV/AIDS and perform it at a school assembly.
- Write a play about HIV/AIDS.
- Write and perform a Hip-Hop dance.

COMPUTING students

Computer search topics could be:

- Find the different themes for World AIDS Day for the last ten years.
- Search for famous personalities who have died from HIV/AIDS or who are living with HIV/AIDS.
- Search out facts and figures about HIV infections in various countries and do comparison graphs.
- Design an HIV/AIDS prevention poster for young people.

and MORE ideas...

- Encourage your class to sell red ribbons for the AIDS Council of South Australia.
- Ask your librarian to display all books about HIV/AIDS during AIDS Awareness Week.
- Have a small fundraiser for an HIV project locally or overseas - a car wash, cake stall, morning tea.
- If you are a Christian school, include prayers for people with HIV/AIDS.

Older students may enjoy debate topics like:

- Would a teenager with HIV be at risk playing football?
- Should visitors with HIV be allowed into Australia?

more CLASSROOM ACTIVITIES

- Prepare a quiz game on HIV/AIDS. Two teams could compete. Ask a question of one team and let them consult with all members. They can put forth an agreed upon answer. If wrong, the next team gets a chance.
- Create a board game about HIV/AIDS facts. For example, a large snakes and ladders game with HIV/AIDS information. Share it with other classes.
- Divide the class into groups and ask each one to research a different country and their response and dilemmas about HIV/AIDS. Eg. Papua New Guinea, Australia, Nigeria, France. Have a report back and presentation day on World AIDS Day, December 1.

CRAFTY ideas

- Ask students to create a special red ribbon shape from unique materials. Palm fronds, shells, beads and leaves could be used and painted. Display them at Parent/Teacher Meetings.
- Have a poster / t-shirt / bumper sticker competition.
- Look for items which can be decorated with the red ribbon to raise awareness - glass, ceramics, notebooks, mugs, hairbands.
- Decorate a tree, classroom door, school gate or fence with red ribbons.